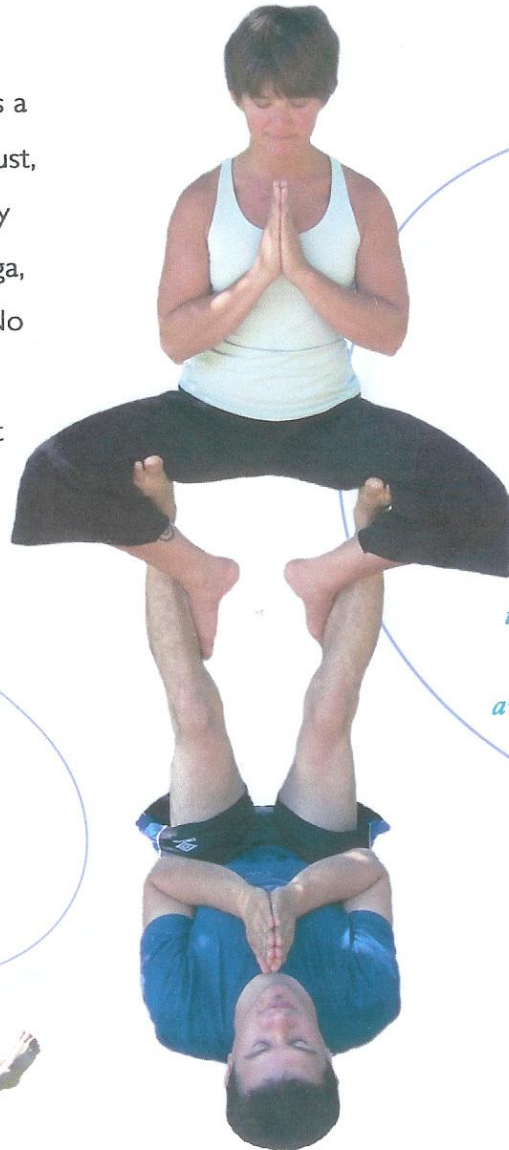


creating community with partner flying yoga,  
acrobatics & thai massage

# AcroYoga

All levels, all ages, all people are welcome to join the AcroYoga Community. This series provides a safe environment to explore trust, connection and playfulness. Amy will combine elements from Yoga, Acrobatics, and Thai Massage. No yoga experience required, no partner needed. Come support and be supported.



*trust, compassion, communication,  
self-acceptance, laughter & honesty  
are at the roots of the partner experience*



Evolution

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